LEVELS of LISTENING

LISTENING 1: from HABITS
- DOWNLOADING
- HABITS OF JUDGEMENT
- RECONFIRMING OLD OPINIONS & JUDGEMENTS

LISTENING 2: from OUTSIDE
- FACTUAL
- NOTICING DIFFERENCES
- OPEN MIND
- DISCONFIRMING (NEW) DATA

LISTENING 3: from WITHIN
- EMPATHIC
- EMOTIONAL CONNECTION
- OPEN HEART
- SEEING through ANOTHER PERSON’S EYES

LISTENING 4: from SOURCE
- GENERATIVE
- from the FUTURE WANTING to EMERGE
- OPEN WILL
- CONNECTING to AN EMERGING FUTURE WHOLE: SHIFT in IDENTITY & SELF