

LEVELS of LISTENING

LISTENING 1:
from HABITS

DOWNLOADING
HABITS OF JUDGEMENT

RECONFIRMING
OLD OPINIONS &
JUDGEMENTS

LISTENING 2:
from OUTSIDE

FACTUAL
NOTICING DIFFERENCES

OPEN
MIND

DISCONFIRMING
(NEW) DATA

LISTENING 3:
from WITHIN

EMPATHIC
EMOTIONAL CONNECTION

OPEN
HEART

SEEING through ANOTHER
PERSON'S EYES

LISTENING 4:
from SOURCE

GENERATIVE
from the FUTURE
WANTING to EMERGE

OPEN
WILL

CONNECTING to AN
EMERGING FUTURE WHOLE:
SHIFT in IDENTITY & SELF

