

EXTEND to the SKY

ACCESSING the INTELLIGENCE of the HEART  
in ORDER to SERVE the WHOLE

**u.lab**  
leading from the emerging future

uLAB IS A PROTOTYPE I  
WITH MULTIPLE, ITERATIVE CYCLES

CYCLE of DESTRUCTION  
ABSENCING  
MOMENTS of  
DISRUPTION  
PRESENCING  
CYCLE of CREATION

CO-SENSING  
TUNING IN

SUSPENSION

REDIRECTION

LETTING GO → LETTING COME

IGNORANCE → CURIOSITY  
NOT KNOWING → DISCONNECT  
NOT FEELING → COMPASSION  
FRUSTRATION → COURAGE  
NOT WILLING/DOING

WITH INTENTIONAL APPROACHES  
to ENGAGE in SYSTEMS...  
JUST TRY IT OUT...

STAYING WITH  
and NOT IMPOSING WHAT  
WE WANT to HAVE HAPPEN

MAKING  
SOMETHING  
REAL  
GET INTO THE  
DETAILS of  
THE TANGIBLE

### PROTOTYPING: 6 PRINCIPLES & GUIDING QUESTIONS

- 1. WHAT WANTS to BE BORN? BIG ASPIRATION?
- 2. WHAT QUESTIONS DO YOU WANT to EXPLORE?
- 7. WHAT IS YOUR INTENTION for THIS EXPERIMENT?

INTENTION

3. WHO CAN HELP  
BRING THIS ALIVE?

ALIGNED  
CORE TEAM

HEAD  
HEART  
HAND

SPACES  
& PLACES

6. HOW WILL YOU COLLECT FEEDBACK?

LISTEN to the  
UNIVERSE  
THE VOICES THAT  
ARE NOT ME

0.8  
ITERATE  
LEARNING by DOING,  
CREATING & ADAPTING

4. WHAT ARE the CONTAINERS  
and PLACES YOU NEED?

BUILDING  
to THINK THROUGH

5. WHAT QUICK EXPERIMENT  
CAN YOU DO in the NEXT 3-5 DAYS?

change  
people  
create  
& and...

TRUST  
as a PRINCIPLE  
The WORLD IS a HELPFUL  
PLACE!  
+ FEEDBACK COMES in ALL FORMS,  
- EVEN IF WE DON'T ALWAYS LIKE IT..

EXTEND to  
EACH OTHER

EXTEND to the EARTH