Prototype Accelerator Sessions

In this zoom session, you are invited to **share your prototype, newly born intention or ideas** with two other individuals in order to get different perspectives, support and added value to move forward. This is prototyping in a nutshell: you put an idea out to the world in order to get feedback on it, and then you iterate.

Each presenter will have 15 minutes total to share the prototype and receive feedback, as follows:

7 min to present the prototype. Please respond to the following questions:

- 1. Through the sensing and presencing activities of the past few weeks, what has shifted for you?
- 2. What are you being called to 'stay with' right now?
- 3. What is the future you are trying to bring into being in the next 1-3 years?
- 4. What small actionable step can you take to get feedback that moves you toward this vision?

6 min for Feedback: coaches mirror back what they see and sense, building on each others' ideas.

2 min for acknowledgement, capturing the feedback, and pause

During the session, we invite you to take this opportunity to **listen deeply** to one another and give feedback in the form of questions, images, feelings and metaphors that arose while you were listening to the case giver. In the feedback round, make sure to build on each others' ideas and, if you were the presenter, don't forget to capture the feedback and the insights you gained after your presentation.

