

Welcome! In order to get to know each other a bit better, here's a new spin on a classic classroom icebreaker. Click on [this link to fill out some basic information](#). (Please note, this is entirely optional!). All you have to do is give us your name, what country you're from, your email address and a link to your video. That's right, your **video**.

If you do not wish to record and submit a video, do not fill out the form. Introduce yourselves on the discussion board instead!

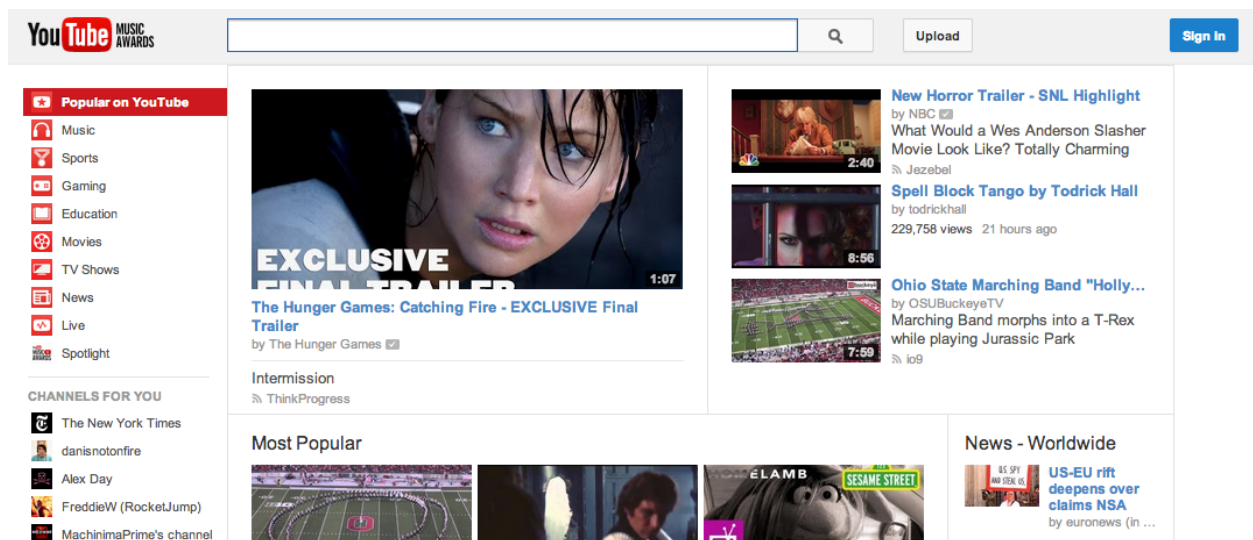
You will be recording yourself saying hello to the instructors and fellow classmates and telling us a little about yourself. The video should be quick, but should tell us:

1. Your name and where you are from
2. Why you are interested in Science and Cooking
3. Your favorite recipe -- this will give us ideas for interesting culinary topics to study!

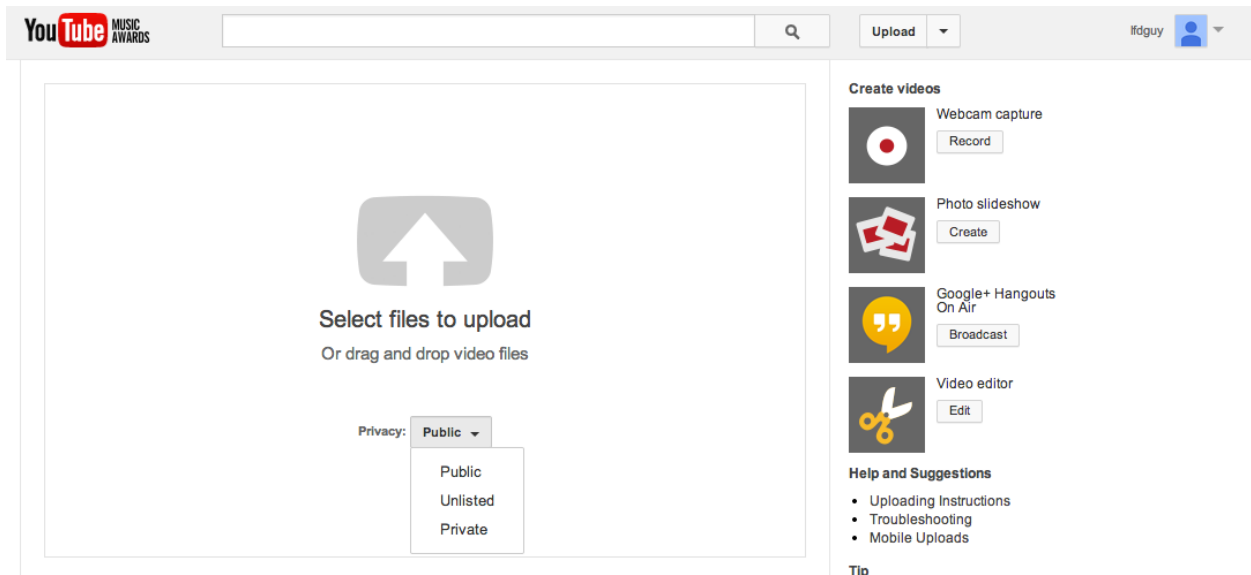
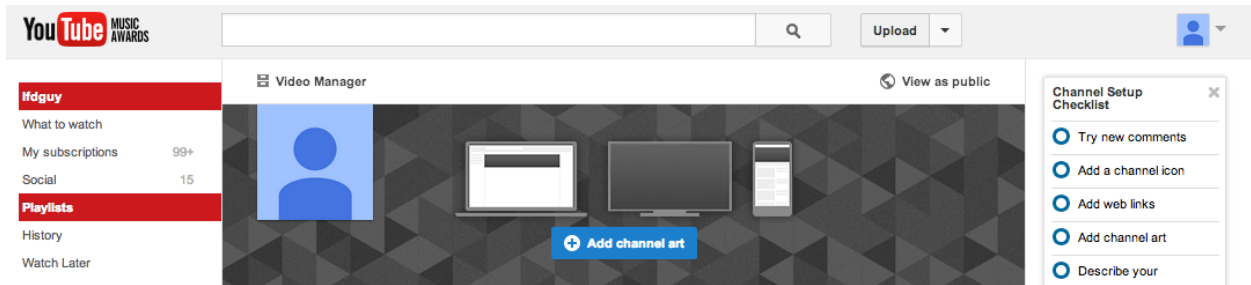
To view all of the introduction videos, click here: <https://x.cs50.net/hello/spu27x/>

UPLOADING TO YOUTUBE

For many of you this may be the first time that you upload videos to YouTube and you may not even have an account. **The first disclaimer is: don't worry, you can make your video "unlisted," meaning that only the people that you give the link to will have access to the video (from their own privacy page: "Unlisted videos won't appear in any of YouTube's public spaces, like your channel page or search results").** Here's a step-by-step guide on the process to submitting your Hello Video.



1. **Log on to Youtube.com** When you first reach the page, click on the “Sign In” button on the top right. Here you will have a choice to log in using your YouTube account (should you already have one), your gmail account which is now linked up automatically with YouTube, or you can create an account with your current email. Once logged in, click on the “Upload button” on the top of the page.



2. **Upload Your Video** You should arrive at a page which allows you to find a video you have previously created (should you decide to do your video in another device and transfer it over to your computer) or capture video from your webcam where you can record yourself and immediately upload it. Please note the following restrictions on the videos you may upload:



https://support.google.com/youtube/troubleshooter/2888402?hl=en&ref_topic=2888648

New to YouTube? [Get started with the basics in this guide.](#)

Supported YouTube file formats

Not sure which format to save your video? Receiving an "invalid file format error message when you're uploading"?

[Help](#)

Make sure that you're using one of the following formats:

- .MOV
- .MPEG4
- .AVI
- .WMV
- .MPEGPS
- .FLV
- 3GPP
- WebM

If you're using a file format that's not listed above, use this troubleshooter to learn how to convert your file.

Select the file format you'd like to convert

- ☐ .mp3, .wav, .jpg, .png
- ☐ mswmm (Movie maker project file), .msdvd (DVD Maker project file), .wlmv (Movie maker project file)
- ☐ .camproj (Camtasia project file)
- ☐ imovieproject, .dvdproj (iDVD project file), .rcproject (iMovie project file)
- ☐ .piv
- ☐ Other

3. Select Your Privacy Settings There's nothing wrong with setting your video to public if you choose to do so, but to those who prefer to remain "off the grid" (or as close to off as you can get while still participating) you may choose "unlisted." **Do not select "private" as your video will then only be viewed by those that have permission via email.**

4. Edit and Publish YouTube has some tools to manage an edit your video should you need it. Add a title and a quick description and then just publish and copy the link into the form.

When you fill out the form, PLEASE be sure that your video url is in the format below, but be sure to change the last 11 characters to match the url of your own video:

http://www.youtube.com/watch?v=XXXXXXXXXXXX (where the set of 11 numbers/letters/symbols at the end of the url are unique to your video)